

### **Real.Life.Journey – Week 3: UNITY IN HUMILITY**

- 1) Did you memorize Philippians 1:21? Have someone in your group recite it from memory. Was this difficult? What was different, in you, this past week because you committed this to memory?
- 2) (same question as last week...) Have you gone through a season of suffering recently? Are you going through one right now? If you are willing (and didn't share last week), share what was (or is) going on with the group.
- 3) How has your response to this season of suffering changed, even this past week, as you recognized the greatness and sovereignty of God in your life, even in your suffering?
- 4) What comes to mind when you think of a HUMBLE person? What are the traits you would expect to see? What are the attitudes? What are the actions? As a group, compile a list of attributes

### ***Read Philippians 1:27-2:11***

- 5) How is being united with other Christ followers an important part of our response to suffering? Describe an example of this from your life (could be positive or negative).
- 6) Thinking of a current situation of suffering (this could be something major or something minor), how do you need to apply this universal response of "do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves"? Whose needs do you need to consider, and what are those needs? What needs of your own do you need to set aside?
- 7) Based on your answers to the question above, what is one concrete step you need to take to respond to your situation with the humility of Christ?
- 7) Read aloud together Philippians 2:3, and make a commitment to memorize this verse before the next time you meet:

***Do nothing out of selfish ambition or vain conceit,  
but in humility consider other better than yourselves.***

*(Spend some time in prayer for one another)*